

Charity Review

Thai Family Link Association

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Charity Purpose:

The Thai family Link Association has been established in order to Help patients with psychiatry in dealing with problem faced better and have a strong awareness of values and their potential. under the association's objectives as follow:

1. To disseminate the knowledge about mental illness to the people living with mental illness and general public.
2. To promote the potential of the mentally ill and their family as well as empower them.
3. To reduce stigma and discrimination against people living with mental illness.
4. To promote an honourable values and cultures among its members and the society at large.

The scope area that the Thai Family Link Association work is able to be categorized in to 5 criteria

1. Psych education Program: Family Link Training courses

The main targets are the patients and carers, so that, they are enabled to cope better and empowered to advocate for themselves.

2. Psych education for the public through media

The aim is to educate the public as well as create constructive attitudes towards people living with mental illness through:

- books and booklets
- Short film contests: My Bar Award
- Tripartite Speaker Team (consisted of patients, carers, and professionals) to educational institutions, seminars, general practitioners.

3. Advocacy for the people living with mental illnesses

- Be the voice of the mentally ill workers calling for equal coverage for mental illness from social security health plan
- Voicing the needs and thoughts of people living with mental illness to the policy makers.

4. Family Link Activity Center

- A rare relational community that provide an opportunity and space for the mentally ill to recover through group activities.

5. Support Groups:

- Bipolar Friend Club

The Thai Family Link has its ambition to be an institute where society and people living with mental illness meet and participate in meaningful endeavours and to be a foundation to care for people who suffer from mental illness.

Review Process :

Giving Back Assoc.'s team work had visited Thai Family Link on September 9, Wednesday 2013 and met with Dr. Somrak Choovanichvong, M.D. the Chairperson of Thai Family Link Association with Kuhn Kieran Tiangtham Volunteer speakers of the association and other two members Kuhn Somboon Chungto and Ms. Guessmas Paewskul. The team has gained understanding on main objective and dedication of the association's members in order to help patients with psychiatric disorders and support patient families in having insight and open opportunities to those patients through various association's development programs such as career training for patients to help themselves.

Background to the Need for the Charities Support:

- In 2000, The work of Thai Family Link in Thailand has been initiated by the self dedication of Dr. Somrak Choovanichvong with the confidence that the patient with psychiatric disorder has a potential to help themselves as well as helping each other to live a better life in Thai society, If they get the knowledge and the combination of network support. Dr. Marcus Chiu with Dr. Shing Lee in Hong Kong has created the training and relatives with their curriculum in the year and has established Family Link Organization in the year after. The training curriculum has been continually developed since then.
- In 2002, the family link program had been presented in the academic conference and the company of Janssen - Cilag had expressed its interested to support the program by being a host to invite representatives from various countries in Asia region to join the program awareness first conference in Hong Kong which there were many representatives joining the first conference such as
- In 2003, Dr. Somrak Choovanichvong signed an agreement to get copy right lessons of the Family Link curriculum Program from Dr. Marcus Chew in July 2003, after her completely translation to Thai with some adjustment to be applicable with Thai culture.
- March 1, 2004, the first Family Link Training in Thailand, the training course has been conducted for patients with psychiatric disorders, there were 15 patients participated with the course at the then. The training course has consecutively conducted for the patient which there are currently more than 1000 patients participated.
- July 1, 2005, Family Link Activity Center was established at the Physical Therapy Building of Sritanya Hospital, the hospital for the mental illness patient, in order to offer the services of counselling for patients who recovered, person who take care those patients through arts, crafts, physical exercises, music, English and computer training etc.

Summary Family Link Association Process which included with:-

Board Committee, Supporting Teams, Volunteers

The main activities of the Foundation are as follows:-

1. Rehabilitation	2. Education	3. Advocacy
1.1 Activities Center. 1.2 Bipolar club including club friends, Club beat depression etc. 1.3 Life Development Center Psychiatric at Klong Khuan 1.4 The light on life Project:- Parent engagement project Little Magnate project	2.1 Training Family Link 2.2 Magazine Friends of Mental Health Care 2.3 Tripartite Speaker Teams Project 2.4 Knowledge of media production for psychiatric disorders.	3.1 Surveillance stigma 3.2 To be the voice of psychiatric patients.
4. Staff Development	5. Community Service	6. Relations and fundraising
4.1 Training Officer 4.2 Training Volunteer training 4.3 Training Instructor	5.1 Counseling for the caregivers of Family Link Center 5.2 Counseling caregivers Bipolar OPD at Srithanya hospital 5.3 Consultation with a mental health at Satian Thamma Sathan 5.4 Cooperation with other organizations in the various agendas.	6.1 Relations 6.2 Development the website 6.3 Funding

Operation Report on the results of the Association year 2013

- Association activities presentation for training courses following :

1. Curriculum project of the family Link 3 courses with 99 participants
2. The project of the activity center of the family Link detail as follow :
 - Rehabilitation program with 304 in-patients and 2,230 out-patients
 - Medical field trip of doctors, nurses and students total 309 persons
 - Medical student internships 12 students.
 - Camping for patient in order to empowerment 2 times.

- The three Bridging Projects

- Enhancing knowledge and creating awareness to the educational, religious , volunteer professional persons as well as young volunteer helping people with disabilities.

- Educating and empowerment staff members to work with other organizations.

- To conduct activities in order to speak for those who live with psychic disorder such as Radio Broadcasting Program, People Congress meeting etc.

- The Light on the way of life Project

- Potential development program for 5th young entrepreneur Programs.

- The cozy family ties Project

The psychiatric consultant for those who are interested at Satien Dharma Satarn every weekend.

-Bipolar Club Project :

- Monthly meeting to enhance, empower its members with special speaker occasionally.

- Leaders conference on basic consultancy topic

- Basic consultancy arrangement

- Produce Bipolar publish media.

- 4th Bipolar New Sky party with 238 participants at Asia Hotel, Bangkok.

- Fostering Tie Project

Monthly meeting for care taker with field trip

- Psychiatric patient life Development Center project, Chachengsao

- Building Baan Feungfa, Baan Tantawan, 4 bathrooms, and canteen.

Volunteering

Thai family Link has run its operation on voluntary basis which details following :

- | | |
|------------------------|------------|
| - Permenant Volunteers | 7 persons |
| - Part-time Volunteers | 30 persons |
| - Lecturer Volunteers | 10 persons |

As for Permanent Volunteers, they all work at Head Office in Nonthanburi and received compensation in form of vehicle and transportation expenses. Their working hour would not excess 16 days a month Mostly, have been assigned to take responsibility upon to their knowledge and skill as other entity's staff members such as accountant, secretary, administration etc.

Part-time Volunteers also mainly work at Head Office and would be allocated to the training Center located in Chachengsao province occasionally upon to the training course open. This group of volunteers do not receive any compensation, mostly work on voluntary basis.

Lecturer Volunteers will be assigned to conduct training courses organized by the association and will be allocated to the training center and head office upon to the courses location. This group of volunteers do not receive any remuneration, they work for association on voluntary basis.

Significant Remark

As per annual meeting of the board of the association on August 9, 2014, there was a significant agenda mentioning on closing the association operation due to its major supporters has stopped its support since the beginning of year 2013 including reduction of other medical companies grant who was affected by medicine national list reduction policy of the government, those companies also has reduced their support to the

association. Consequently, the association need to seek more supporters and fund sources in response to the new budget setting for year 2015 at Baht 2.2 million in order to continue the association's activities in line with its missions state below :

1. To educate those in in psychiatric and community.
2. To rehabilitate and empower of psychiatric patients and caregivers.
3. To develop the rehabilitation program for psychiatric patients and caregivers.

Primary Supporting Organisations:

- Johnson & Johnson
- Janssen - Cilag
- Astra Zeneca

Reporting

The Family Link Association has presented its audited financial statement year 2012 and 2013 which had been audited by certified auditor named Ms. Nusaree Puripunyo, certified number 7665 including the latest minutes of the board meeting on August 9, 2013 which has the association working plan in 2014 as well.

Values and Transparency:

According to the information received from the association's accountant volunteer, for the year 2012, the foundation had been financial supported the volunteer remuneration from other charity by the form of volunteer expenses. In 2013, the foundation has kept recording the volunteering remuneration as a part of its own expenses resulting its volunteer remuneration expenses in 2013 was much higher than previous year.

In addition, the main corporate supporters such as Johnson & Johnson has stopped its financial grant to the association in 2013 causing much reduction on donation in the year. In our opinion, on the present situation of the association, the administration cost is considered high at 55% of its income in the year , especially, when the association need to keep recording its own permanent expenses for volunteers remuneration.

Financials**Charity: Thai Family Link Association**

Asset	Audited <u>2012</u> <u>THB</u>		Notional Donation	Notional Time Value Volunteers	Audited <u>2013</u> <u>THB</u>
	<u>2012</u> <u>THB</u>		<u>2013</u> <u>THB</u>	<u>2013</u> <u>THB</u>	<u>2013</u> <u>THB</u>
Current Asset					
Cash and cash equivalent	3,580,467				3,102,006
	<u>3,580,467</u>				<u>3,102,006</u>
Receipts and Outgoings					
	<u>2012</u> <u>THB</u>		<u>2013</u> <u>THB</u>	<u>2013</u> <u>THB</u>	<u>2013</u> <u>THB</u>
Income					
Member fees	9,400				9,800
Donation income	3,564,352				1,846,104
Training income	34,600				50,800
Income from selling	133,060				155,020
Income from services	215,000				150,000
Rental income	-				18,000
Notional Volunteer Time Value	153,600			288,000	288,000
Bank interest	18,215		-		24,041
Total	<u>4,128,227</u>		<u>-</u>	<u>288,000</u>	<u>2,541,765</u>
Expenses					
Operation Expenses					
Cost of good sold	36,474 1%				37,503 1%
Speaker & Volunteer remuneration	116,568 3%				143,380 6%
Meeting & activities expenses	101,805 2%				29,791 1%
Bipolar Club expenses	217,629 5%				235,508 9%
Activities Center expenses	15,977 0%				21,291 1%
Young Entrepreneur Project	11,660 0%				31,114 1%
Walking to freedom project	553,834 13%				- 0%
Fostering tie training course	66,920 2%				190,488 7%
Field trip at Klong Kuean	- 0%				60,910 2%
Total operation expenses	<u>1,120,866</u> 27%		<u>-</u>	<u>-</u>	<u>749,984</u> 30%
Administration & Marketing Expenses					
7 Volunteers remuneration	390,540 9%				778,700 31%
Administrative expenses	271,349 7%				509,595 20%
Depreciation	57,768 1%				82,577 3%
Human Development expenses	5,500 0%				5,161 0%
Income tax	9,475 0%				9,521 0%
Total Administration expenses	<u>734,632</u> 18%		<u>-</u>	<u>-</u>	<u>1,385,554</u> 55%
Total expenses	<u>1,855,498</u>				<u>2,135,538</u>
Less Notional Volunteer Value				288,000	288,000
% of Operation expenses	27%				30%
% of Overhead	18%				55%

Family Link for Recovery foundation has been established and officially registered as foundation on March 7, 2013 which its registered number Nor.Bor.216 situated in 2nd floor of Physical therapy building, Sritanya Hospital, number 47 Moo.4 Tiwanon Rd. Nonthaburi with its purposes as follow :

- To support Thai Family Link Association's operation
- To support the establishment and operation of development center for assistant psychiatry in Chacheongsao
- To support and disseminate knowledge of knowledge of health and psychiatry
- To support career and working potential of psychiatric patient.
- To support education and development of knowledge related to rehabilitation of psychiatry.
- And to collaborate with other charities for public interests.

Reporting

Family Link for Recovery Foundation has presented its first audited financial statement for year 2013 which has been audited by Ms.Nusari Puripunyo certified auditor no. 7665 The financial statement has reported the foundation's activities from the initiated state on the foundation establishment date March 7, 2013 with ending at December 31, 2013.

Value and Transparency:

The foundation has newly founded on March 7, 2013 with its first support the establishment and operation of development center for assistant psychiatry in Chacheongsao. There was no any staff expenses for the physical year, the foundation and the Thai Family Link Association has a synergy by using the same resources such as website, partial staff volunteer etc. Its administration expenses for the year is considered low.

Financials**Charity: Family Link for Recovery Foundation**

	<u>Audited</u> <u>2013</u> <u>THB</u>		<u>Audited</u> <u>2013</u> <u>THB</u>
Asset			
Current asset			
Cash and cash equivalent	552,633		552,633
Interest gained	<u>6,052</u>		<u>6,052</u>
Total current asset	<u><u>558,685</u></u>		<u><u>558,685</u></u>
Income			
Donation	99,172		99,172
Sale of goods	12,000		12,000
Interest gained	<u>6,286</u>		<u>6,286</u>
Total Income	<u><u>117,458</u></u>		<u><u>117,458</u></u>
Expenses			
Program Expenses			
Project Support	<u>53,200</u>		<u>53,200</u>
Total Program expenses	<u><u>53,200</u></u> 45%		<u><u>53,200</u></u> 45%
Administration Expenses			
Stationary	3,231		3,231
Office supplies	2,319		2,319
Auditor fees	3,000		3,000
Income tax	<u>869</u>		<u>869</u>
	<u><u>9,419</u></u> 8%		<u><u>9,419</u></u> 8%
Total expenses	<u><u>62,619</u></u> 53%		<u><u>62,619</u></u> 53%
Income surplus	<u><u>54,840</u></u>		<u><u>54,840</u></u>